

September 2025

HAMPSHIRE
PARENT CARER
NETWORK



enabling voices to be heard



- **2nd September , 1-2pm : Bridging the Gap -Sunshine support - Transitioning with SEND requirements and an EHCP** - Book via Ticket tailor
- **4th September , 10 -12pm: Fleet Get Together-** Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -
- **10th September, 10am : Basingstoke Get Together** - The Viables Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ
- **11th September 10-11am: Online Bridging the Gap - Masking with Ellie** - Book via Ticket tailor
- **11th September, 7-8pm: Online Bridging the Gap -Mindfulness for parents** - Book via Ticket tailor
- **15th September , 1-2pm : Online Bridging the Gap - Mental Health Toolbox: Lived Experience & Tips with Ellie** - Book via Ticket tailor
- **17th September, 10-12pm: Winchester Get Together** - Badger Farm Community centre , SO22 4QB
- **19th September, 7-8pm: Online Bridging the Gap -Mindfulness for parents** - Book via Ticket tailor
- **23rd September ,10-11am : Bridging the Gap -Executive Functioning with Ellie** - Book via Ticket tailor
- **25th September, 12-1pm pm: Online Lunchtime Get Together** - Meeting ID: 835 1332 0196 Passcode: GT
- **25th September, 7-8pm: Online Bridging the Gap - understanding Vagus Nerve , fight and flight for parents** - Book via Ticket tailor
- **26th September 10-12pm: - Alresford** - The Swan Hotel, 11 West Street, SO24 9AD
- **26th September, 10-11am : - Bridging the Gap -Sunshine support - Transitioning with SEND requirements and an EHCP** - Book via Ticket tailor
- **29th September 10-11am: Online Bridging the Gap - Masking with Ellie** - Book via Ticket tailor

To book onto the Bridging the Gap sessions use our Ticket Tailor link :

<https://www.tickettailor.com/events/hpcn>