

Supporting Mental Health and Well-being at Wallisdean

Mental Health Team Mental Health First Aider Mental Health Leads Inclusion Leads Stormbreak Advocate Mental Health Governor	Mental Health Team Training and Qualifications Mental Health First Aid Attachment and Trauma Dragonfly Senior Mental Health Lead Training Stormbreak Stormbreak Shine Team Teach	Interventions Mental Health Mentoring Tutoring ELSA TALA Thrive Lego Therapy	Children's Roles and Responsibilities School Council House/Vice Captains Library Monitors Helping Hands Green Teams JRSO (Junior Road Safety Officer) Star of the Week Star of the Day (Pre-School)
Additional Key Staff Mentor Tutor ELSA Thrive Practitioner MHST Parent Support Worker <ul style="list-style-type: none"> • School Nurse Drop In sessions • Parent Workshops: Anxiety; MHST; SEND • SEND Parents' Evenings 	Whole School Events Art Week Mental Health Assemblies PSHE Christmas Performances Number Day Safer Internet Days World Book Day Science Day World Mental Health Day Sunshine Day Sports Days Pre-School Summer Event End of Year 2 Performance Infant End of Year Carnival Year 6 Leavers' Assembly	In the Classroom Stormbreak Visual Timetables Colour Monster Learning Power Words Daily Check-ins/Meet & Greet Circle Time Family Groups Individual Behaviour Plans Behaviour Policy Behaviour Assembly for parents	Physical Activities Walk to School Stormbreak Yoga Daily Mile PE with CM Sports "Wake and Shake" Super Movers Lunchtime Netball Club Welly Walks
Rewards and Celebrations Golden Time Silver Time Star rewards Film Treats Gold Book Celebration Assembly SATs treat Learning Power word badge Out of School Achievements board Proud Cloud Something to Smile About Book			

Curriculum	Curriculum Enrichment	After School Clubs	Transition
<p>PSHE RSE Mindfulness Lessons SATs Prep and Breakfast SATs Boosters Reflection Room School Trips and Visitors Welly Walks Updates in half termly Newsletter Swimming</p>	<p>Workshops :</p> <ul style="list-style-type: none"> • Skateboarding • Scooters • Golf • Drumming • Road Safety <p>Play Leaders at lunchtime Year 6 Residential Bikeability Pompey in the Community Children's' Museums Woodland and gardening experiences Topic related School Trips</p> <p>Visitors :</p> <ul style="list-style-type: none"> • Flat Stanley First Aid • Mobile Farm • Pantomime Theatre • Science Professor • Community Super Heroes <ul style="list-style-type: none"> ○ Police ○ Ambulance ○ Nurse 	<p>Mini-Military Art Football Multi-skills Athletics Karate Wraparound</p>	<p>Pre-School Stay & Play sessions Pre-School – Year R sessions Year R Welcome meeting Year R Stay and Play sessions Year 2/3 Stay and Play sessions Year 3 teachers observe in Year 2 Year 3 Assembly for Year 2 Year 3 Welcome meeting Year 6 Transition Days Year 6 Additional Transition Year Group Transition Meet the Teacher Transition Meetings</p>