

## Supporting Mental Health and Well-being at Wallisdean

<b>Mental Health Team</b>	<b>Mental Health Team Training and Qualifications</b>	<b>Interventions</b>	<b>Children's Roles and Responsibilities</b>
Mental Health First Aider Mental Health Leads Inclusion Leads Stormbreak Advocate Mental Health Governor	Mental Health First Aid Attachment and Trauma Dragonfly Senior Mental Health Lead Training Stormbreak Stormbreak Shine Team Teach	Mental Health Mentoring Tutoring ELSA TALA Thrive Lego Therapy	School Council House/Vice Captains Library Monitors Helping Hands Green Teams JRSO (Junior Road Safety Officer) Star of the Week Star of the Day (Pre-School)
<b>Additional Key Staff</b>	<b>Whole School Events</b>	<b>In the Classroom</b>	<b>Physical Activities</b>
Mentor Tutor ELSA Thrive Practitioner MHST Parent Support Worker <ul style="list-style-type: none"> <li>School Nurse Drop In sessions</li> <li>Parent Workshops: Anxiety; MHST; SEND</li> <li>SEND Parents' Evenings</li> </ul>	Art Week Mental Health Assemblies PSHE Christmas Performances Number Day Safer Internet Days World Book Day Science Day World Mental Health Day Sunshine Day Sports Days Pre-School Summer Event End of Year 2 Performance Infant End of Year Carnival Year 6 Leavers' Assembly	Stormbreak Visual Timetables Colour Monster Learning Power Words Daily Check-ins/Meet & Greet Circle Time Family Groups Individual Behaviour Plans Behaviour Policy Behaviour Assembly for parents	Walk to School Stormbreak Yoga Daily Mile PE with CM Sports "Wake and Shake" Super Movers Lunchtime Netball Club Welly Walks
<b>Rewards and Celebrations</b>			
Golden Time Silver Time Star rewards Film Treats Gold Book Celebration Assembly SATs treat Learning Power word badge Out of School Achievements board Proud Cloud Something to Smile About Book			

<b>Curriculum</b>	<b>Curriculum Enrichment</b>	<b>After School Clubs</b>	<b>Transition</b>
PSHE	Workshops :	Mini-Military	Pre-School Stay & Play sessions
RSE	<ul style="list-style-type: none"> <li>• Skateboarding</li> <li>• Scooters</li> <li>• Golf</li> <li>• Drumming</li> <li>• Road Safety</li> </ul>	Art	Pre-School – Year R sessions
Mindfulness Lessons	Play Leaders at lunchtime	Football	Year R Welcome meeting
SATs Prep and Breakfast	Year 6 Residential	Multi-skills	Year R Stay and Play sessions
SATs Boosters	Bikeability	Athletics	Year 2/3 Stay and Play sessions
Reflection Room	Pompey in the Community	Karate	Year 3 teachers observe in Year 2
School Trips and Visitors	Children's' Museums	Wraparound	Year 3 Assembly for Year 2
Welly Walks	Woodland and gardening experiences		Year 3 Welcome meeting
Updates in half termly Newsletter	Topic related School Trips		Year 6 Transition Days
Swimming	Visitors :		Year 6 Additional Transition
	<ul style="list-style-type: none"> <li>• Flat Stanley First Aid</li> <li>• Mobile Farm</li> <li>• Pantomime Theatre</li> <li>• Science Professor</li> <li>• Community Super Heroes <ul style="list-style-type: none"> <li>◦ Police</li> <li>◦ Ambulance</li> <li>◦ Nurse</li> </ul> </li> </ul>		Year Group Transition
			Meet the Teacher
			Transition Meetings