

March 2026

The Fareham Heathens Rugby Club Under 9s

are currently welcoming new players to come along and try rugby in a fun, friendly environment.

Youth rugby offers so many benefits for children including:

- Building confidence and resilience
- Learning teamwork, respect and sportsmanship
- Developing coordination, fitness and core skills
- Making new friends in a supportive environment
- Being part of a positive local community club

Sessions focus on fun, learning the game safely and helping children grow both on and off the pitch.

We are currently inviting Year 4 pupils who will be moving into Year 5 in September to come along and give rugby a try. No experience is needed at all.

Training Details:

Fareham Heathens Rugby Club

Sunday mornings

10:00am – 11:15am

Cams Alders Recreation Ground, Fareham

Children are very welcome to come along and try a few sessions before deciding if they would like to join.

If any parents would like more information they can contact the U9 Coach, Ashley Gedge, directly or simply pop along to a session.

Thank you very much for supporting local grassroots sport and helping give children the opportunity to get involved.

Kind regards,

Ashley Gedge

U9 Coach

Fareham Heathens Rugby Club

